INSIDE THIS ISSUE

Dean’s Message……………….2

CHHS News…………………….2

Allied Health and Communicative Disorders……….4

Family, Consumer and Nutrition Sciences…………………8

Nursing and Health Studies……….9

CHHS Research……………….12-13

CHHS Alumni…………………….13

Support CHHS………………….14

UPCOMING EVENTS

April 13: Annual NUHS Graduate Colloquium: Obesity Across the Life Span (see p. 9)

May 16: Huntley High School Medical Academy visits NIU for Bi-Annual field trip

June 5-10: Hospitality Leadership Camp for High School Students

Interdisciplinary Developmental Playgroup

An interdisciplinary team of graduate and undergraduate students from Nutrition and Dietetics, Physical Therapy, and Speech-Language-Pathology is working with faculty at NIU’s Family Health, Wellness and Literacy Center to offer a developmental play group for toddlers who have or are at risk for developmental delays. The playgroup is open to toddlers between 18 months and 4 years old and their parents or caregivers.

“The intent is to help them develop their skills globally. We’re looking at speech and communication, looking at their fine motor and gross motor skills, and also looking at their peer relationships and socialization,” said Dr. Christina Odeh, Assistant Professor of Physical Therapy.

The weekly program consists of socialization time with singing and greeting friends, craft time for developing fine motor skills, and healthy snack time which helps with fine motor skills as well as speech.

An assessment is done at the beginning of the eight-week segment to determine areas of delay and is used for information only. Parents and students have been surprised and pleased to witness the progress made by the toddlers when they reach the end of the segment.
Dean’s Message: Zika Virus and Lead Poisoning

Two issues in the news these past weeks have serious implications for child development and community health.

First, the mosquito borne Zika virus, now spreading through South and Central America, seems to be linked to a serious birth defect, microcephaly, that is often associated with developmental delays, intellectual deficits, difficulty with coordination and balance and behavioral problems.

Second, high lead levels in Flint, Michigan’s water supplies over the past 20 months are likely to cause a myriad of health problems including intellectual deficits, learning disabilities, and behavioral problems.

Both issues have been identified through surveillance, and, for at least one of the issues, political and economic considerations may have affected data collection, analysis, and/or information dissemination.

Initial information indicates that both problems had the potential of being prevented or mitigated through public health/environmental health services. Affected individuals and their families will need health and social services for a lifetime.

Both issues have serious implications for the economies of the affected areas and the states/nations involved. Both issues have many ethical implications for population health practitioners, legislators and other policymakers, health and social service providers, and society at large.

Already, College of Health and Human Sciences faculty are integrating scenarios about these issues into teaching/learning case studies for our students.

Fighting Ebola One Day at a Time: An NIU Doctoral Student Responds to West Africa

‘Life-changing’ experience brings hope for public health future

Dee Dee Downie, an NIU doctoral student in the PhD in Health Sciences program, presented “Fighting Ebola One Day at a Time: An NIU Doctoral Student Responds to West Africa,” at the College of Health and Human Sciences Scholarly Exchange Meeting.

Downie, who holds a Master's in Public Health, is a CDC Public Health Advisor, Field Assignee and works for the Wisconsin Division of Public Health. She recently was deployed to West Africa.

“It has been a life-changing experience for me to see case counts from the evening news become faces of friends and people I worked with,” said Downie.

“I felt my American misconceptions fall apart in an instant and found a hope that I did not expect.

“Bridging career with personal, the experience of global public health has the potential to inspire, encourage and gently remind us of all that we have to give as public health professionals,” said Downie.

(From NIU Today)
Seven CHHS Majors Included in Student-Athletes Who Posted a Record GPA

*(From Huskie Athletics)* – NIU’s 16 sports programs compiled the highest GPA on record for a single semester led by 42 student-athletes who recorded a GPA of 4.00 for the fall 2015 semester, including seven CHHS majors. Congratulations to:

- **Amanda Corral, Basketball:** Graduated summa cum laude in December with a BS in Pre-PT and double minor in Biological Sciences and Chemistry. Corral was NIU’s first-ever First Team Academic All-American, first-ever Capital One/COSIDA, First Team Academic All-America and Academic All-District Honors, First Team All-Mid-American Conference since 2006-07.

- **Kelsey Hildreth, Cross Country:** Sophomore, majoring in Nutrition, Health, and Wellness with a double minor in Biological Sciences and Kinesiology. She was an NIU 2015 Scholar Athlete of the Week, two-time First Team All-MAC, and 2014 All-Region.

- **Delaney Loprieno, Soccer:** Freshman, CHHS undecided major, with a minor in Public Health.

- **Tara Thaker, Softball:** Sophomore, majoring in Pre-Nursing.

- **Mikayla Voight, Basketball:** Freshman, majoring in Pre Nursing with a minor in Family/Child Studies.

- **Nelle Youel, Tennis:** Senior, majoring in Pre-PT with a minor in Spanish. Youel is NIU’s All-Time Wins Leader, 2015 Capital One Academic All-American, 2015 MAC Player of the Year, three-time All-MAC, three-time Academic All-MAC, nine-time MAC Player of the Week, and three-time MAC Scholar Athlete of the Week.

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**Homecoming 2015**

*At left:* Homecoming Queens, Sue (Craumer) Corrao, 1965, and Megan Haduch, 2015, stand on either side of Dr. Sherill Morris, Chair of Allied Health and Communicative Disorders. The two Homecoming queens met in the HHS Alumni tent at the 2015 Homecoming tailgate only to find they were both Communicative Disorders majors. *At right:* The Deaf Pride Student Organization earned second place overall during Homecoming.
Dr. Amanda McCarthy Completes Study

Dr. Amanda McCarthy, Assistant Professor of Rehabilitation Counseling, completed a study investigating the relationship between supervision (i.e., match between what a counselor wants and what they actually get from their supervisor) and turnover intention (i.e., intention to leave their current agency) among public rehabilitation counselors.

She presented the results at the National Rehabilitation Association Annual Training conference held Oct. 5-8, 2015 in Biloxi, MS. A total of 663 public vocational rehabilitation counselors participated in the study. Rehabilitation counselors whose actual experiences are close to their ideal experiences reported less intention to leave their current position and more intention to stay in their current position. In comparison, those whose actual experiences were further from their ideal experiences reported less intention to stay in their current position. Full results will be published soon.

If you are interested in learning more about this research/line of research or would like to get involved, contact Dr. McCarthy at amccarthy@niu.edu.

Audiology Program Represented at the Coalition for Global Hearing Health

Dr. Danica Billingsly, Clinical Assistant Professor of Audiology, and Dr. King Chung, Associate Professor of Audiology presented research on making instant-fit hearing aid ear molds from materials available in the typical audiology clinic at the Coalition for Global Hearing Health in Washington, D.C. The conference was well-attended by about 200 people from around the world, including audiology/otology leadership from the World Health Organization, as well as clinicians and researchers. NIU’s audiology program was the academic group most represented at the conference, with three students and two faculty members.

RCSA Participate in NIU “Make a Difference Day”

Members of the Rehabilitation Counseling Student Association (RCSA) volunteered for the 2015 NIU Make a Difference Day Oct. 3.

The annual event sends volunteers into the community to assist area residents and non-profit groups with lawn clean-up and projects. RCSA members were assigned to an area in the Ellwood Historic Neighborhood near the NIU campus. They planted bulbs and cleaned up the area so it was ready for the winter and to prepare it for a beautiful spring.

Students enjoyed meeting members of the community, as well as the homemade cookies that were provided to volunteers.

If you are interested in learning more about the NIU Rehabilitation Counseling Student Association or would like to volunteer to speak to the group about a topic that would be relevant to rehabilitation counseling, contact Dr. Amanda McCarthy at amccarthy@niu.edu.
Faculty, Students Participate in the 2015 ASHA Annual Convention

Diane Henning, Speech-Language-Pathology graduate student, and Dr. Jamie Mayer, Associate Professor of Speech-Language Pathology, presented their research on “Music and Multimodal Stimulation (MStim): Modifying MIT for severe aphasia with a dynamic approach to increasing expressive and receptive language,” at the 2015 American Speech-Language Hearing Association (ASHA) Annual Convention in November, in Denver, CO.

In this Phase I-B treatment study (based on Robey’s 2004 Five-Phase Model of Clinical-Outcome Research), a well-known aphasia treatment protocol, Melodic Intonation Therapy (MIT), was modified by setting target phrases to unique melodies (e.g., Baker, 2000) and accompanied by multimodal stimulation (e.g., tactile cues, YouTube videos, and physical objects) to increase both expressive and receptive language in a patient with severe global aphasia.

Henning was able to attend and present at the conference due to support from CHHS.

In addition to Henning and Dr. Mayer’s presentation, two CHHS Communicative Disorders students, Anna Mitchell and Kelly Helfrich, were accepted to serve as student volunteers at ASHA Annual Convention.

Becoming a student volunteer at ASHA involves a thorough application process (including a written essay), and is highly competitive at the national level. Student volunteers at ASHA receive free registration to the ASHA convention ($215 value), an ASHA t-shirt, access to convention sessions featuring the latest research and clinical topics, and are granted a networking opportunity with practicing clinicians and internationally recognized researchers. This is a wonderful opportunity for NIU students.

Helfrich and Mitchell shared about their experiences: Helfrich: “I was assigned to monitor the overflow rooms for the Saturday sessions. This was nice because I was able to sit in and listen to the speakers. I learned a lot of valuable information, but my favorite session talked about the relationship between finger spelling and phonological knowledge in children who are deaf and hard of hearing.”

Mitchell: “I was assigned to help with set-up and directing exhibitors, speakers, presenters, and general admission to their designated registration spots the day before the conference began. I got to see a lot of the different posters and products before the general public did, which was exciting. The experience of seeing how organized, professional, and well-planned out the whole ASHA conference was really made me excited to be a part of the field.”

Helfrich and Mitchell also said, “attending the ASHA Conference was a really cool experience, especially since ASHA covered the registration costs of volunteers. There were over 15,000 people in attendance all weekend, and everywhere in downtown Denver people were talking about the conference. We are both planning on working the Illinois Speech-Language Hearing Association conference next year, and are happy to have made the professional connections we did.”

Dr. Danai Fannin Recognized by ASHA at 2015 Annual Convention

Dr. Danai Fannin, Assistant Professor of Speech-Language Pathology, was recognized at the annual ASHA convention in Denver, CO, for her contributions to cultural competence in the profession for her research on how cultural considerations apply to clinical practice, her leadership in teaching about multicultural aspects of Speech-Language-Pathology, and her role as Continuing Education Manager and Professional development Manager for SIG14.

Her work was showcased at the Multicultural Concerns Collective (MC2) Celebration during the convention.
Audiology Students Help Screen People at Naperville Celebration Clinic

Five NIU Audiology students and two faculty members participated Nov. 7, in the Naperville Celebration Clinic. Faculty and students provided cerumen management (seeing over 100 ears in 4 hours), and assisted with the hearing screening program.

The one-day event provides services for the under-served and under-resourced in the community.

The Clinic provides families and individuals with free medical consultations and dental screenings, flu shots, clothing, a food pantry, haircuts, family portraits, a hot meal, counseling and a variety of other services. It is typical that over 400 guests are served in a single day.

Medical Lab Sciences Works with IL Dept of Public Health to Contain Mumps Outbreak

With the recent outbreak of mumps in Illinois, the Medical Laboratory Science Department was able to assist NIU’s Health Services Laboratory in the diagnosis and treatment of this highly contagious viral disease.

Swabs collected from potential patients were kept frozen at -70°C and had to be transferred to the Illinois Department of Public Health within 24 hours of collection. The MLS student lab in DuSable Hall has the only freezer on campus that maintains -70°C. Since samples could not be analyzed on the weekends, this was particularly helpful in allowing Health Services to see patients through the end of the day on Fridays.

These samples were kept through the weekend and shipped on Monday, preventing delay in the diagnosis of this highly contagious disease.

Visitors to Speech-Language-Hearing Clinic

CHHS welcomed Augmentative and Alternative Communication (AAC) experts Bruce Baker, creator of Minspeak and President of Semantic Compaction Systems, and Tracy Kovach Ph.D., CCC-SLP, to the NIU Speech-Language-Hearing Clinic.

Baker and Dr. Kovach presented a full day course Friday, Oct. 2, to NIU graduate students in Speech-Language Pathology, and to approximately 30 local speech-language pathologists and special educators the next day.

The workshop focused on review of relevant research and implementation of core vocabulary with non-speaking children and adults.

Baker and Kovach have spent their careers working with individuals who are non-speaking or minimally verbal who require speech generating devices for communication. NIU clinical and academic faculty in Speech-Language Pathology coordinated and participated in the event.

Audiology Students Visit U.S. Headquarters of Phonak/Sonova

First year NIU audiology students visited the U.S. headquarters of hearing aid manufacturer Phonak/Sonova, in Warrenville, IL, in October. They toured the manufacturing/production facility and were guided through the new research facility.
Physical Therapy Clinic Seeks Participants for Research Study

An intervention program named LSVT-BIG Exercise Program led by Physical Therapists is being offered free of charge at the NIU Physical Therapy Clinic.

Participants will be part of a 4-week program which includes an initial assessment appointment, 16 exercise sessions (4 each week), and a discharge appointment.

LSVT-BIG is an exercise program that emphasizes large movements, multiple repetitions, and progression throughout the intervention.

The program has been shown to provide positive outcomes for the symptoms associated with Parkinson’s disease and other conditions.

Faculty and students in the Physical Therapy program will guide participants and provide information and exercises for home use.

Focus on Family Caregiving for those with Parkinson’s Disease: Voices to be Heard

Dr. Maryann Abendroth, PhD, RN, Assistant Professor in Nursing and Health Studies, is the lead investigator for a study on the impact of caregiving on family members providing care for persons with Parkinson’s disease.

The study focuses on determining caregivers’ risk for strain and physical illness.

Thanks to funding from the American Nurses Foundation the study is well under way. However, the research team is seeking additional caregivers to participate in the study.

Eligible participants:
- 18 years of age or older
- Caring for and living in the same household as the person with Parkinson’s disease
- Have internet access

Participation simply requires completion of an online survey that will take approximately 15-20 minutes. All response are confidential and names are not identified.

Researchers include: Christina Odeh, PT, DHSc, PCS, Assistant Professor; Brynn Nahlik, PT, DPT, SCS, Clinical Assistant Professor; Becky Wagner, PT, DPT, NCS, Academic Coordinator of Clinical Education; and DPT students, Karyn Kolner and Joy Cochran.

CHHS Clinics

Offering High-Quality Care

The Couple and Family Therapy Clinic at NIU: Providing therapeutic services for individuals, couples, and families. (815) 753-1684

Speech-Language-Hearing Clinic: Providing Audiology and Speech-Language Pathology services from a family focus, because a speech, language, or hearing problem affects all members of a family. (815) 753-1481.

Physical Therapy Clinic: Providing evaluation and treatment of acute and chronic musculoskeletal conditions. (815) 752-2675.

Information and Survey
New Year, New Diet?

In a recent interview for the NIU Newsroom, Dr. Priyanka Chakraborty, Assistant Professor of Nutrition and Dietetics, said fad diets are the nutritional equivalent of get-rich-quick schemes, promising fast results that hardly ever materialize, and often at great cost.

She pointed out that “When people try these diets, they often end up dizzy, nauseous and dealing with headaches or diarrhea.”

Dr. Chakraborty advises people to set goals for fitness, increase servings of vegetables each day, and make sure to get enough sleep, because all have an impact on how much weight we lose and how quickly.

“Don’t just get fixated on your diet, and don’t fall for the false promises of a fad diet,” she said.

For more information on nutrition and diet, see the 2015 Dietary Guidelines for Americans. The Dietary Guidelines for Americans represent the U.S. government’s cornerstone for nutrition policy and education for the next five years.

Jane Maxwell Named Executive Director of Illinois Farmers Market

Jane Maxwell, Instructor of Nutrition & Dietetics, was chosen by the Illinois Farmers Market Association Board of Directors as its new executive director in October.

IFMA is a not-for-profit organization “committed to growing a Farmers Market community of educational support for farmers market organizers, farmers, vendors and their community food and nutrition organizations through partnerships, resource-sharing, and training on best management practices, operating procedures, and state regulations.”

As executive director and a registered dietitian, Maxwell believes strongly in the health value of local food and advocates for local food by building systems that highlight the economic value of markets to communities and farmers.

In her most recent work with Making Kane County Fit for Kids, as a part of the Robert Wood Johnson Foundation, Healthy Kids Healthy Communities Grant, Fit for Kids became a nationally recognized leader in creating a culture of health, in part by improving access to healthy food.

Maxwell brings a background in managing grants and nonprofit management, having managed non-profit initiatives and programs. She has been an instructor at NIU since August 2013.

Finding a Good Place to Grow

Dr. Xiaohui Sophie Li, Assistant Professor in Family and Child Studies, was recently interviewed by WalletHub in its report “2016 Best & Worst Cities for Illinois Families.”

“Don’t just get fixated on your diet, and don’t fall for the false promises of a fad diet,” she said.

For more information on nutrition and diet, see the 2015 Dietary Guidelines for Americans. The Dietary Guidelines for Americans represent the U.S. government’s cornerstone for nutrition policy and education for the next five years.
The Road to Mandalay: CHHS Professor Enjoys “Unique Opportunity”

In August, a group of NIU professors spent two weeks in Mandalay, Myanmar, working with Yadanabon University to lay the foundation for collaborative research projects.

Because Myanmar’s higher education system has a long and tumultuous history, professors Wesley Swingley, Biological Sciences; Tomoyuki Shibata, Public Health & Health Education; Jim Wilson, Geography; and Melissa Lenczewski, Geology & Environmental Geosciences, are excited to have had this unique opportunity to work with an institution that, until relatively recently, was closed off from the outside world.

Approximately 40 faculty members from Yadanabon University participated in workshops and on-site fieldwork training programs with the NIU professors. The education programs focused on the environmental sciences, with special emphasis on water, public health and geography.

The Environment and Public Health focus was headed by Dr. Shibata of NIU’s Public Health Programs, School of Nursing and Health Studies.

Although there is no Department of Environmental Health at Yadanabon University, many professors in the departments of physics, chemistry and industrial chemistry showed interest in advancing knowledge and obtaining practical skills for environmental health related research.

This perfectly suits Dr. Shibata, as he is both a professor in the Public Health program and a faculty associate for the Institute for the Study of the Environment, Sustainability, and Energy at NIU.

The convergence of environmental and human health is particularly important in Myanmar, where preventable diseases are often associated with water and air quality and are a significant killer of children ages 5 and younger.

Dr. Shibata said he believes, “creating a system to assess environmental risk factors (e.g. biological, chemical, physical and socioeconomic) could significantly reduce child mortality and morbidity in the country.”

A part of Dr. Shibata’s work in Mandalay is to begin collaborative work with Myanmar colleagues to create organized systems to monitor environmental and public health. It is important that decisions regarding public health are based in scientific knowledge.

Dr. Shibata is working to ensure that Yadanabon University faculty have the tools they need to become familiar with the gathering and analysis of numerical, environmental, and public health data.
Several NIU Nursing faculty attended and presented at the Sigma Theta Tau 43rd Biennial Convention in Las Vegas, NV, in November. Sigma Theta Tau is the International Honor Society of Nursing, with the mission to advance world health and celebrate nursing excellence in scholarship, leadership, and service.

The convention serves as a platform for researchers, clinicians, students and leaders to collaborate, learn and share information.

Many CHHS faculty presented research posters and were speakers at the conference, including Donna Plonczynski, PhD, APN, Professor/Advanced Practice Nurse; Cathy Carlson, PhD, Associate Professor; Jeannette Rossetti, EdD, RN, Associate Professor; Mary Koren, PhD, RN, Associate Professor/Area Coordinator; Manju Daniel, PhD, MSN, FNP-BC, RN, Assistant Professor; and Kari Hickey, PhD, Assistant Professor.

Dr. Janice Strom at AACN Reception

Dr. Strom at Congressional Reception

Dr. Janice Strom, Chair of the School of Nursing and Health Studies, attended the American Association of Colleges of Nursing (AACN) Congressional Reception, in Washington, DC, in October.

Ten members of Congress, including Illinois’ 13th District Representative Rodney Davis, attended in support of academic nursing.

This event served as an opportunity for the nursing profession to display commitment to improving America’s health. Dr. Strom discussed current challenges from the nursing profession’s perspective with several elected officials. (From “Notes on Northern Nurse”)
**Dr. Lynn Herrmann Recognized by the American Public Health Association**

Dr. Lynn Herrmann, PhD, MPH, Assistant Professor, was recently featured by the American Public Health Association in its newsletter and blog for her presentation at their annual APHA meeting in Chicago, Oct. 31-Nov. 4, 2015.

Dr. Herrmann presented a 20 minute talk entitled “The Fitness of Apps: An Examination of Mobile Fitness App Usage over Five Months.” She also led a 15 minute physical activity break at the conference which was used to get people up and moving between sessions. [Read the article in APHA The Nation’s Health newsletter blog.](#)

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**Nursing & Health Studies Accolades:**

**Christina Papadimitriou, PhD, Associate Professor,** organized a full day instructional course at the Annual Conference of the American Congress of Rehabilitation Medicine (ACRM), Dallas, TX, Oct. 25, 2015: “The Constant Challenge of Person-Centered Care: Are you up for it?” for an international audience. She presented her research on person-centered practices in spinal cord injury (funded by NIDRR and NIU R&A and CHHS).

**Dr. Maryann Abendroth, PhD., RN, Assistant Professor,** was recently awarded a Nursing Research Grant (NRG) from the American Nurses Foundation for a study titled “Caregiver Strain Risk as a Predictor of Physical Health among Informal Caregivers of Persons with Parkinson’s Disease.” In 2013, Dr. Abendroth was awarded an internal Joan E. Wood Award from the School of Nursing and Health Studies to validate her research on caregiver strain risk. This “seed funding” opportunity supported her new research proposal idea which resulted in a grant-earning study through the ANF-no small task. (For more information on Dr. Abendroth’s research study see page 7)

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Jim’s Research Corner

By Jim Ciesla
Associate Dean for Research and Resources

This column gives the opportunity to highlight ways we promote a culture of research in the College of Health and Human Sciences. We work hard to foster research that provides learning opportunities for students, promotes the professional growth of our faculty, and addresses important societal issues.

In this issue of Dispatch, I am highlighting our new Doctor of Philosophy, PhD, in Health Sciences program. Our doctoral program is central to our ambition to produce top notch high impact research.

The PhD in Health Sciences was carefully designed to meet the needs of our region’s health sector by addressing the shortage of Doctorally prepared faculty. Each year, thousands of students seeking to major in the health sciences are turned away for lack of faculty—a problem that is causing a shortage of health care professionals.

While we expect our graduates to seek and find academic positions at colleges and universities, the expertise and capacity of our PhD graduates to drive new discoveries will also place them in great demand by business and industry, government agencies, and nonprofit organizations. We expect our PhD degree alumni to make important theoretical and applied contributions in a variety of settings.

One of the most important and unique aspects of the CHHS program is its emphasis on interdisciplinarity. The student body of the inaugural class is made up of professionals from a wide range of backgrounds. This diversity along with a carefully planned discipline-spanning curriculum will produce very well trained researchers. Interdisciplinary research allows for more robust approaches to issues addressed, the questions asked, the methods used, the analysis of results, and the application of findings. Collaboration across disciplines allows professionals to bring their particular expertise and experiences to influence the nature of the inquiry and proposed solutions to pressing health concerns.

In alignment with our motto, Science in the Service of Society, the PhD in Health Sciences will enhance and accelerate the growth of the College of Health and Human Sciences’ research enterprise.

FACULTY RESEARCH


Rossetti, J., Hickey, K., Strom, J. & Bryant, K. (2015). Issues Most Important to Parents after Their Child’s Suicide Attempt: Findings from a Panel of Mental Health Experts. Presentation, National University of Ireland, Galway School of Nursing and Midwifery’s 5th International Nursing and Midwifery Conference, Galway, Ireland. (Note; K. Bryant is not pictured)

Dr. Debera Jane Thomas is Dean of College of Health and Human Services and the School of Nursing at Northern Arizona University

Debera Jane Thomas graduated from NIU with a BS in Nursing in 1974 and an MS in Nursing in 1981.

She began her nursing career at Rockford Memorial Hospital in the High Risk Newborn Nursery in 1974. She went on to work in various Intensive Care Units, liver transplant units, and general surgery units. During the summer of 1976, she was a camp nurse in New Hampshire, which she credits as one of her most memorable jobs.

Since beginning her teaching career in 1978, she has taught at Kent State University, University of Connecticut, Florida Atlantic University, and Case Western Reserve University in Cleveland, OH.

She has also earned her FNP and ANP post master’s certificates, as well as a DNS from the University of Buffalo in 1993.

Her advice to students is: “Study hard, but remember that the essence of nursing is caring and relationships. We can train anyone to do tasks, but the most rewarding part of nursing is the relationship with the patient and his or her family.”

(From “Notes on Northern Nurse”)
CHHS welcomes your support!

Gifts targeted to the College of Health and Human Sciences are appreciated year-round and play an important role in CHHS’ mission to further science in the service of society. Gifts directed to CHHS are made through the Northern Illinois University Foundation.

Please (1) make out check to NIU Foundation, (2) write where the money should be designated in the memo line*, and (3) send to Christine Radtke, NIU Foundation, Altgeld Hall 135, DeKalb, IL 60115-2882. If you would like to contribute in a different way, please contact Christine Radtke at cradtke@niu.edu or (815) 753-1390.

* Donations can be designated to:

(a) College of Health and Human Sciences

(b) One of the three Schools in the College:
School of Allied Health and Communicative Disorders
School of Family, Consumer, and Nutrition Sciences
School of Nursing and Health Studies

(c) A specific program in a School, or

(d) The Department of Military Science

Thank you for your ongoing support of CHHS!

Tell Us Your Story

Your stories are welcome for inclusion in upcoming issues of the CHHS Dispatch. CHHS Faculty and Staff should send updates to Stacy Jackson at sljackson@niu.edu. Alumni, please send updates to chhsalums@niu.edu.