Bachelor of Science in Human Development and Family Sciences: Emphasis 1: Family and Individual Development

Transfer Guide for Illinois Community College Students

This transfer guide is designed as an advising tool to facilitate a smooth transition between institutions by identifying relevant course work recommended to be completed prior to transfer.

Community college students are encouraged to

- Complete an A.A. or A.S. degree prior to transfer
- Utilize the NIU Articulation Handbook for information regarding the transferability of courses: [http://www.niu.edu/admissions/transfer/plan/credits/index.shtml](http://www.niu.edu/admissions/transfer/plan/credits/index.shtml)
- Review “Limited Admissions Programs Transfer Course Equivalents” (if appropriate) provided by the NIU Transfer Center: [http://www.niu.edu/admissions/transfer/plan/credits/limited/index.shtml](http://www.niu.edu/admissions/transfer/plan/credits/limited/index.shtml)
- Consult with the College of Health and Human Sciences and/or review the websites for their intended majors for detailed information about special requirements, program admission requirements, and course requirements. [www.chhs.niu.edu](http://www.chhs.niu.edu)

The mission of the School of Family and Consumer Sciences at Northern Illinois University is to generate and transmit knowledge that supports families and individuals in meeting human needs for self-development, social interaction, resource allocation, clothing, food and nutrition, and hospitality. All programs lay the groundwork for graduate study.

All three emphases in Human Development and Family Sciences prepare the student to work as professionals serving families and children, or to pursue secondary teaching certification in Family and Consumer Sciences. The Family and Individual Development emphasis provides career enhancement for students who have prior work experience with individuals and/or families, or who plan to pursue a career in secondary education, or higher education in Human Development and Family Sciences and related fields. It is recommended as a preparation for advanced degrees in related fields with a research rather than a service focus. Students hoping to do graduate work should strongly consider a minor in sociology, psychology, or political science.
The Human Development and Family Sciences major is a limited admissions program which requires students to submit a program application directly to the School of HDFS office in Wirtz Hall 118. Students must have already completed the course requirements as described in the Undergraduate Catalog [limited admission section](http://www.chhs.niu.edu/HDFS/) for Human Development and Family Sciences prior to submitting an application. Applications for fall admissions are due by March 1 and applications for spring admission are due by September 15; applications are available online at the Family, Consumer and Nutrition Sciences website (http://www.chhs.niu.edu/HDFS/) approximately one month prior to each deadline. Students admitted to NIU, but not to a specific major in the school, will be classified as pre-HDFS majors in the School of Family, Consumer and Nutrition Sciences.

Prospective students should make formal application to the School of Family and Consumer Sciences by March 1 of their sophomore year. A student who enters the program with the courses as listed and who have completed an A.A. or A.S. degree can usually expect to complete the NIU program in two years.

**Major in Human Development and Family Sciences: Emphasis 1, Family and Individual Development¹**

**Courses Recommended Prior to Transfer**
- ENGL 203* Rhetoric and Composition II (3)
- HDFS 230* Child Development (3)
- HDFS 280* Human Development, the Family and Society (3)
- HDFS 284 Introduction to Family Relationships (3) (if available)
- PSYC 102* Introduction to Psychology (3)
- SOCI 170* Introduction to Sociology (3)
- STAT 208* Basic Statistics (3)
  - or STAT 301* Elementary Statistics (4)
- SOCI 260 Introduction to Social Psychology (3)
  - or PSYC 372 Social Psychology (3)²

One of the following: ENGL 350, UHHS 350, MATH 155, MATH 210, MATH 211, MATH 229, PHIL 105, PSYC 305

* requires a C or better for admission to the Human Development and Family Sciences major at NIU; (see [limited admissions section](http://www.chhs.niu.edu/HDFS/) of the NIU online catalog).

**Courses to be Completed at NIU**

One of the following:
- NUTR 201 Human Nutrition (3)
- HDFS 207 The Consumer
- HDFS 285 Introduction to Family Life Education (3)
- NUTR 405 Child Health and Nutrition (3)
- PHHE 406 Human Sexuality (3)
- HDFS 343 Family Financial Planning (3)
- HDFS 445 Management of Human and Family Resources (3)

---

¹ Based on requirements in the 2017/18 Undergraduate Catalog

² PSYC 372 may not be offered at all community colleges
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 484</td>
<td>Family Theories (3)</td>
<td></td>
</tr>
<tr>
<td>EPS 307</td>
<td>Development of the Adolescent (3)</td>
<td></td>
</tr>
<tr>
<td>HSCI 460</td>
<td>Research in Health &amp; Human Sciences</td>
<td></td>
</tr>
<tr>
<td>PSYC 305</td>
<td>Research Methods</td>
<td></td>
</tr>
</tbody>
</table>

One of the following:

- PSYC 316 Introduction to Psychopathology (3)
- PSYC 465 Advanced Developmental Psychology (3)
- CAHC 400 Exploration in the Counseling Profession (3)

Four of the following (9):

- HDFS 180
- HDFS 384
- HDFS 398
- HDFS 432
- HDFS 437
- HDFS 438
- HDFS 482
- HDFS 483
- HDFS 485
- HDFS 486
- HDFS 488

Specific information about admission requirements to Northern Illinois University and to programs in the College of Health and Human Sciences can be found in the current [NIU Undergraduate Catalog](http://www.chhs.niu.edu/). Contact the Office of Admissions to obtain an application for admission. For additional information on programs in the college, contact [HHSAdvisingHelp@niu.edu](mailto:HHSAdvisingHelp@niu.edu)

- College of Health and Human Sciences (815) 753-1891
- Department of Military Science (815) 753-6239
- School of Allied Health and Communicative Disorders
  - Speech-Language Pathology, Audiology and Rehabilitation Counseling (815) 753-1484
  - Health Sciences (815) 753-1383
- School of Family and Consumer Sciences (815) 753-1543
- School of Health Studies
  - Medical Laboratory Sciences (815) 753-1382
  - Nutrition, Dietetics & Wellness (815) 753-1891
  - Public Health: (815) 753-1384
- School of Nursing
  - Nursing: (815) 753-1231
- Gerontology Program (815) 753-1891
- Office of Admissions (815) 753-0446

Visit our website: [http://www.chhs.niu.edu/](http://www.chhs.niu.edu/)